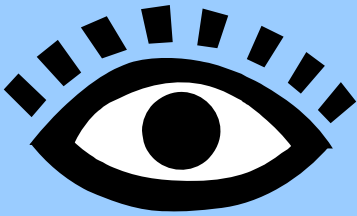
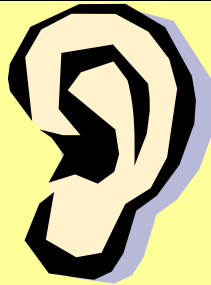


What's My Learning Style?

Check the statements that best apply to you.



Visual?



Auditory?



Physical?

I prefer to see information written on a chalkboard, supplemented by visual aids and assigned readings.	I can remember best by listening to a lecture that includes information, explanations & discussion.	I prefer to use posters, models or actual practice and other activities in class.
I like to write things down or take notes for visual review.	I require explanations of diagrams, graphs or visual directions.	I enjoy working with my hands or making things.
I am skillful with and enjoy developing and making graphs and charts.	I can tell which sounds match when presented with pairs of sounds.	I remember best by writing things down several times.
I can easily understand and follow directions on maps.	I do best in academic subjects by listening to lectures and tapes.	I play with coins or keys in my pockets.
I can understand a news article better by reading about it the newspaper than by listening to a report about it on the radio.	I learn to spell better by repeating words out loud than by writing the words on paper.	I chew gum, smoke or snack while studying.
I think the best way to remember something is to picture it in my head.	I would rather listen to a good lecture or speech than read about the same material in a textbook.	I learn the spelling of words by "finger spelling" them.
I am good at working and solving jigsaw puzzles and mazes.	I prefer listening to the news on the radio rather than reading about it in the newspaper.	I grip objects in my hands during learning periods.
I prefer obtaining information about an interesting subject by reading about it.	I follow oral directions better than written ones.	I feel very comfortable touching others-hugging, handshaking, etc.
Total Visual	Total Auditory	Total Physical

*Now add up each column. The one you have the most of is your learning style.
Some folks have more than one learning style.*

My learning style preference is